

# **Coping with Behavior Change in Dementia:**

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## **A Family Caregiver's Guide**

*Beth Spencer and Laurie White*

This handbook is written in honor of the many hundreds of family members we have had the privilege of working with over the past three decades. Your courage, steadfastness and problem-solving abilities continue to inspire us. Most of what is included in this book, we have learned from you.

Special thanks to Tom White who put in many hours editing, raising questions, keeping us in line and becoming an expert in behaviors and dementia.

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